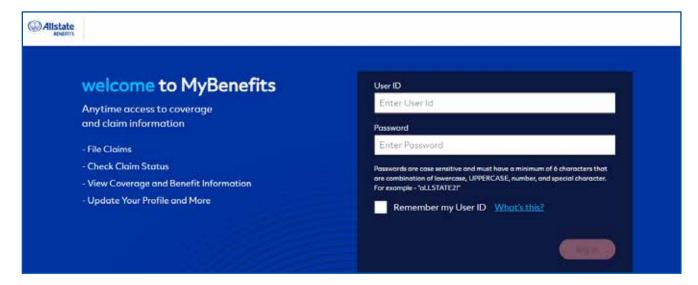
# how to file a claim mybenefits

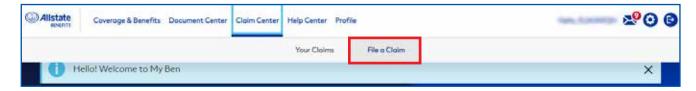


#### Follow the steps below to file a claim on the MyBenefits website:

1. Log into the MyBenefits website at https://mybenefits.allstate.com/#/login.

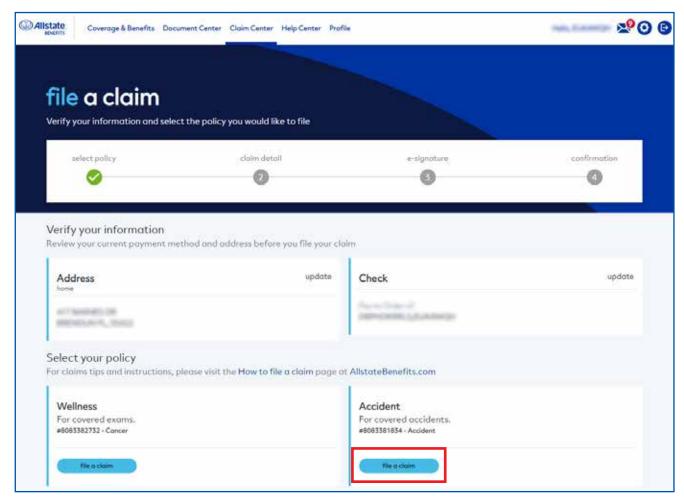


2. From the Claim Center, click File a Claim.



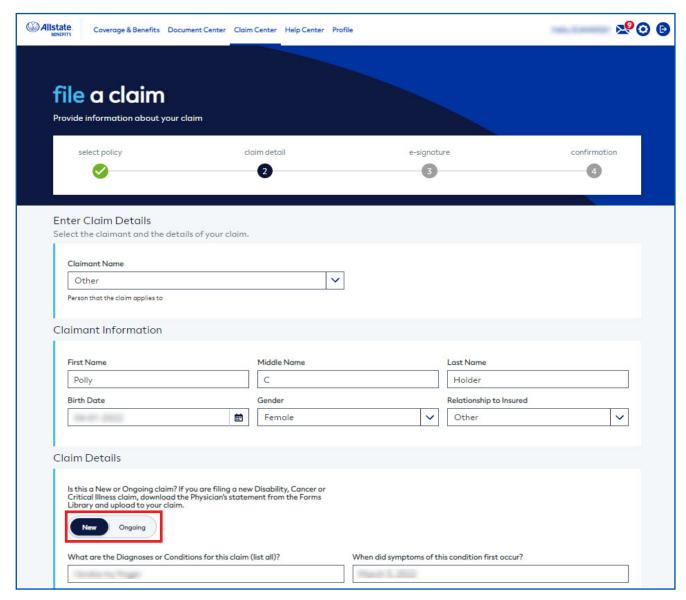


3. Verify or update your address and your claim payment method, then click the **file a claim** button under the appropriate policy.



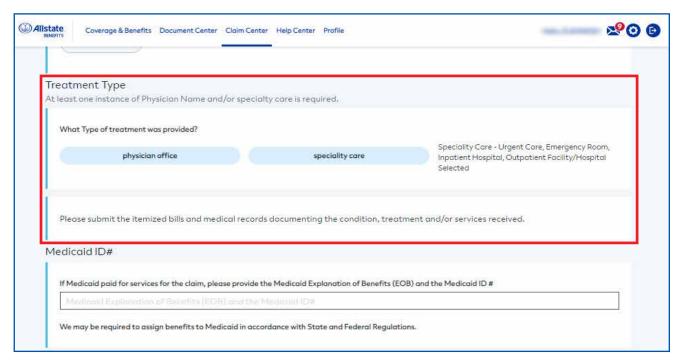


4. Enter your Claim Details, including whether this is a new or ongoing claim.



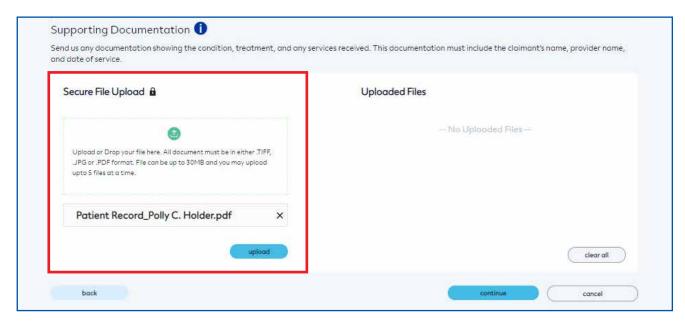


Scroll down and enter at least one Treatment TypeNOTE: You can enter more than one Treatment Type for the claim



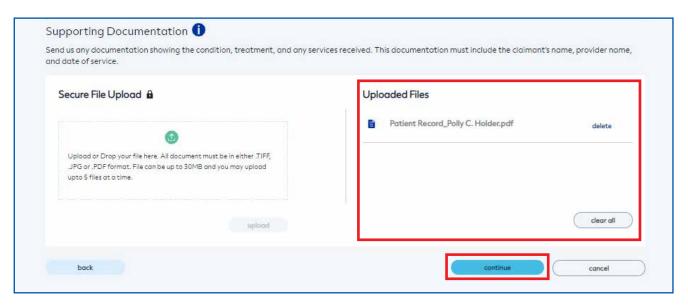
6. Scroll down to the Supporting Documentation section and drag your supporting documents into the **Secure File Upload** box, or click in the box to browse your computer for your documents.

NOTE: Supporting documents should show the condition/diagnosis, treatment, and any services received as well as the claimant's name, provider name and dates of service.

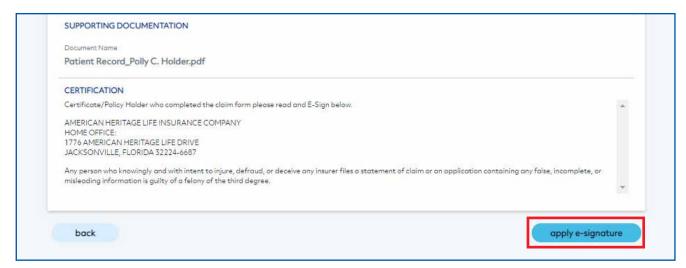




7. Click the **upload** button and your supporting documentation will show in the Uploaded Files box. Click **continue**.

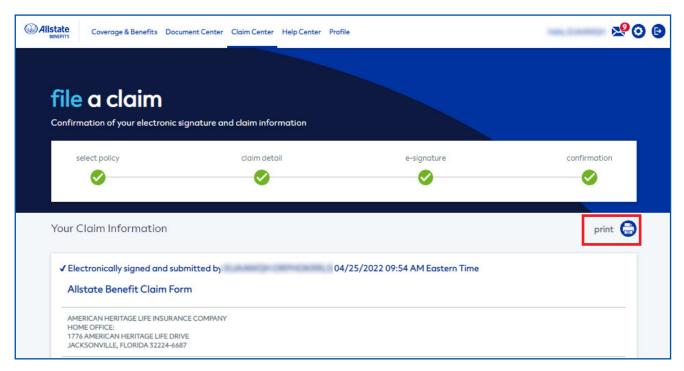


8. Review your Claim Information on the next page, then scroll to the bottom and click apply e-signature.



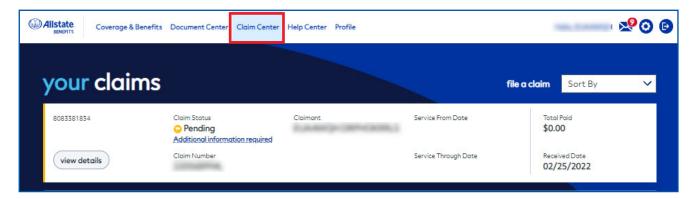


9. A confirmation page shows that your claim has been signed and submitted. You can print this page using the **print** button on the right.



10. You can check the Claim Center to see the status of your claim or upload additional claim information.

NOTE: Some claims that are submitted after 9 p.m. ET may not appear in the Claim Center until the following business day.





Rev. 1/25. This material is valid as long as information remains current, but in no event later than January 15, 2028.

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